

令和7年度2月分小学校アレルギー表示献立表

小学校 年 組 さん

| | | | | | | |
|------|---|---|----|----|------------------------|--|
| 除去対応 | 卵 | 乳 | 小麦 | えび | 特定原材料等 表示義務 任意表示 | |
| | | | | | | |

【保護者から学校への連絡欄】

除去食の有無を確認しました。4品目(卵、乳、小麦、えび)以外で食べられないものがある場合は、その食品名と料理名に**赤ペンで×**を記入しました。食べられる食品名と料理名には**赤ペンで○**を記入しました。

月 日 保護者氏名

【学校から保護者への連絡欄】

両面ご確認ください

詳細は、封筒の裏面「アレルギー表示献立表の記入・確認方法」をご覧ください。
コンタミ欄の△は、別紙「アレルギー表示一覧表」をご覧ください。
※分量の単位はgです。パンは小麦粉の分量です。
※揚げ油には米白絞油を使用し同じ油を複数回使うことがあります。
※「卵・乳・小麦・えび」のうち除去対応しないアレルギー表示には着色していません。
例)しょうゆ(小麦) 岸和田市教育委員会

★「アレルギー情報」はこちら ➡ 岸和田市 小学校 給食献立 検索

| 2月2日(月) | | | | | | 2月3日(火) | | | | | | 2月4日(水) | | | | | | 2月5日(木) | | | | | |
|------------------------------------|------|---------------|------|--------------|-----|---|------|-------------|-----|---------------|------|---|---------|---------------|------|-----------|-----|---|------|------------|-----|---------------|------|
| 牛乳 中華おこわ 鶏肉のピリ辛照り焼き 中華スープ | | | | | | 牛乳 わかめごはん いわしのポテ衣フライ 根菜みそ汁 福豆(小袋) | | | | | | 牛乳 うずまきパン ハート型ハンバーグ ケチャップ(小袋) 白菜スープ ぼんかん | | | | | | 牛乳 さつまいもパン ココア牛乳の素 キャロットスープ ブロッコリーのサラダ フレンチドレッシング *組1本 | | | | | |
| 食品名 | 分量 | アレルギー表示(28品目) | コンタミ | 食品名 | 分量 | アレルギー表示(28品目) | コンタミ | 食品名 | 分量 | アレルギー表示(28品目) | コンタミ | 食品名 | 分量 | アレルギー表示(28品目) | コンタミ | 食品名 | 分量 | アレルギー表示(28品目) | コンタミ | 食品名 | 分量 | アレルギー表示(28品目) | コンタミ |
| 【牛乳】 | 206 | 乳 | | 【牛乳】 | 206 | 乳 | | 【牛乳】 | 206 | 乳 | | 【牛乳】 | 206 | 乳 | | 【牛乳】 | 206 | 乳 | | 【牛乳】 | 206 | 乳 | |
| 【中華おこわ】 | | | | 【わかめごはん】 | | | | 【うずまきパン】 | 55 | 小麦 | △ | 【さつまいもパン】 | 50 | 小麦 | △ | 【ココア牛乳の素】 | 8 | 大豆 | | 【キャロットスープ】 | 10 | 鶏肉 | |
| 米 | 50 | | | 米 | 75 | | | 【ハート型ハンバーグ】 | 60 | 大豆 | 鶏肉 | 豚肉 | △ | 【ココア牛乳の素】 | 8 | 大豆 | | 【キャロットスープ】 | 10 | 鶏肉 | | | |
| もち米 | 20 | | | 炊き込みわかめごはんの素 | 2 | | △ | 【ハート型ハンバーグ】 | 60 | 大豆 | 鶏肉 | 豚肉 | △ | 【キャロットスープ】 | 10 | 鶏肉 | | 【キャロットスープ】 | 10 | 鶏肉 | | | |
| 焼豚 | 10 | 大豆 | 豚肉 | 粗塩 | 0.1 | | | 【ケチャップ(小袋)】 | 8 | | | | 【白菜スープ】 | | | | | 【白菜スープ】 | | | | | |
| にんじん | 5 | | | 【いわしのポテ衣フライ】 | | | △ | 【白菜スープ】 | | | | | 鶏肉 | 10 | 鶏肉 | | | 【白菜スープ】 | | | | | |
| たけのこ水煮 | 5 | | | いわしのポテ衣フライ | 40 | | △ | 【白菜スープ】 | | | | | にんじん | 7 | | | | 【白菜スープ】 | | | | | |
| 干しいたけ(カット) | 0.5 | | | 米白絞油 | 6 | | | 【白菜スープ】 | | | | | たまねぎ | 10 | | | | 【白菜スープ】 | | | | | |
| 濃口しょうゆ | 4.3 | 大豆 | 小麦 | 【根菜みそ汁】 | | | | 【白菜スープ】 | | | | | たまねぎ | 10 | | | | 【白菜スープ】 | | | | | |
| 粗塩 | 0.3 | | | 鶏肉 | 15 | 鶏肉 | | 【白菜スープ】 | | | | | はくさい | 40 | | | | 【白菜スープ】 | | | | | |
| ごしように | 0.03 | | | にんじん | 10 | | | 【白菜スープ】 | | | | | えのきたけ | 7 | | | | 【白菜スープ】 | | | | | |
| 【鶏肉のピリ辛照り焼き】 | | | | たまねぎ | 15 | | | 【白菜スープ】 | | | | | パセリ | 0.5 | | | | 【白菜スープ】 | | | | | |
| 鶏肉 | 60 | 鶏肉 | | ごぼう | 10 | | | 【白菜スープ】 | | | | | 鶏がら(冷凍) | 10 | 鶏肉 | △ | | 【白菜スープ】 | | | | | |
| にんにく | 0.24 | | | 大根 | 20 | | | 【白菜スープ】 | | | | | セロリ | 0.3 | | | | 【白菜スープ】 | | | | | |
| 土しょうが | 0.6 | | | 青ねぎ | 5 | | | 【白菜スープ】 | | | | | ローリエ | 0.01 | | | | 【白菜スープ】 | | | | | |
| 濃口しょうゆ | 3.6 | 大豆 | 小麦 | 削りぶし | 2 | さば | | 【白菜スープ】 | | | | | 淡口しょうゆ | 2 | 大豆 | 小麦 | △ | 【白菜スープ】 | | | | | |
| 砂糖 | 1.8 | | | 赤みそ | 10 | 大豆 | | 【白菜スープ】 | | | | | 粗塩 | 0.5 | | | | 【白菜スープ】 | | | | | |
| トウバンジャン | 0.12 | | | 【福豆(小袋)】 | | | | 【白菜スープ】 | | | | | ごしように | 0.01 | | | | 【白菜スープ】 | | | | | |
| 片栗粉 | 0.36 | | | 炒り大豆(小袋) | 5 | 大豆 | △ | 【白菜スープ】 | | | | | 【ぼんかん】 | 80 | | | | 【白菜スープ】 | | | | | |
| 【中華スープ】 | | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| 焼き竹輪 | 10 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| にんじん | 7 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| たまねぎ | 15 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| 太もやし | 20 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| チンゲンサイ | 10 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| えのきたけ | 5 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| 鶏がら(冷凍) | 10 | 鶏肉 | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| 青ねぎ | 0.2 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| 土しょうが | 0.1 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| 淡口しょうゆ | 3.5 | 大豆 | 小麦 | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| 粗塩 | 0.4 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |
| ごしように | 0.01 | | | | | | | 【白菜スープ】 | | | | | | | | | | 【白菜スープ】 | | | | | |

| 2月6日(金) | | | | | | 2月9日(月) | | | | | | 2月10日(火) | | | | | | 2月12日(木) | | | | | | 2月13日(金) | | | | | | 2月16日(月) | | | | | | | | | | | | | | | | | |
|-------------------------------|--|--|--|--|--|--|---------------|----|--|------|----------|--|--|--|--|--|-----|--|----|--|------|-----|------------|--|--|--|--|----|---------------|---------------------------------|----|------|-----|---|------------------|-----------|--|--|----|---------------|------|------|------|----|--|---|---|
| 牛乳 ごはん 豚キムチ豆腐 揚げギョウザ | | | | | | 牛乳 ごはん 親子丼の具 【除去食／卵】親子丼の具 豆腐のみそ汁 | | | | | | 牛乳 ごはん 味付けのり さばの中華煮 大根のスープ | | | | | | 牛乳 コッペパン チョコレートスプレッド ホキのカレー風味焼き かぶのポトフ | | | | | | 牛乳 ごはん 野菜ふりかけ 肉じゃが ごまじゃこサラダ ごまドレッシング *組1本 | | | | | | 牛乳 ごはん フェジョアータ 花野菜のスープ | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 食品名 | | | | | | 分量 | アレルギー表示(28品目) | | | コンタミ | 食品名 | | | | | | 分量 | アレルギー表示(28品目) | | | コンタミ | 食品名 | | | | | | 分量 | アレルギー表示(28品目) | | | コンタミ | 食品名 | | | | | | 分量 | アレルギー表示(28品目) | | | コンタミ | | | | |
| 【牛乳】 | | | | | | 206 | 乳 | | | | 【牛乳】 | | | | | | 206 | 乳 | | | | | 【牛乳】 | | | | | | 206 | 乳 | | | | | 【牛乳】 | | | | | | 206 | 乳 | | | | | |
| 【ごはん】 | | | | | | | | | | | 【ごはん】 | | | | | | | | | | | | | 【ごはん】 | | | | | | | | | | | | 【ごはん】 | | | | | | | | | | | |
| 米 | | | | | | 75 | | | | | 米 | | | | | | 75 | | | | | | | 米 | | | | | | 75 | | | | | | 米 | | | | | | 75 | | | | | |
| 【豚キムチ豆腐】 | | | | | | | | | | | 【親子丼の具】 | | | | | | | | | | | | | 【野菜ふりかけ】 | | | | | | 1.2 | | | | △ | 【フェジョアータ】 | | | | | | | | | | | | |
| 豚肉 | | | | | | 20 | 豚肉 | | | | 鶏肉 | | | | | | 20 | 鶏肉 | | | | | | 牛肉 | | | | | | 20 | 牛肉 | | | | | 豚肉 | | | | | | 15 | 豚肉 | | | | △ |
| 土しょうが | | | | | | 0.3 | | | | | たまねぎ | | | | | | 20 | | | | | | | 牛肉 | | | | | | 20 | | | | | | ベーコン | | | | | | 7 | 豚肉 | | | | △ |
| 米サラダ油 | | | | | | 0.5 | | | | | 片栗粉 | | | | | | 1 | | | | | | | 米サラダ油 | | | | | | 0.5 | | | | | | にんにく | | | | | | 0.1 | | | | | |
| にんじん | | | | | | 10 | | | | | みつば | | | | | | 3 | | | | | | | たまねぎ | | | | | | 50 | | | | | | 米サラダ油 | | | | | | 0.3 | | | | | |
| はくさい | | | | | | 50 | | | | | 殺菌液卵 | | | | | | 40 | 卵 | | | | | | にんじん | | | | | | 15 | | | | | | にんじん | | | | | | 7 | | | | | |
| えのきたけ | | | | | | 5 | | | | | 削りぶし | | | | | | 0.8 | さば | | | | | | じゃがいも | | | | | | 60 | | | | | | たまねぎ | | | | | | 20 | | | | | |
| チンゲンサイ | | | | | | 10 | | | | | 砂糖 | | | | | | 1.6 | | | | | | | 糸こんにゃく | | | | | | 20 | | | | | | 蒸しひよこ豆 | | | | | | 10 | | | | | △ |
| にら | | | | | | 5 | | | | | みりん | | | | | | 0.8 | 小麦 | | | | △ | 三度豆 | | | | | | 3 | | | | | | 蒸し金時豆 | | | | | | 5 | | | | | △ | |
| 豆腐(冷凍) | | | | | | 60 | 大豆 | | | | 料理酒 | | | | | | 0.8 | 小麦 | | | | △ | 削りぶし | | | | | | 1 | さば | | | | | 白いんげん豆ペースト(レトルト) | | | | | | 7 | | | | | | |
| 濃縮チキンブイヨン | | | | | | 6 | 鶏肉 | | | | 濃口しょうゆ | | | | | | 4.5 | 大豆 | 小麦 | | | △ | 【ごまじゃこサラダ】 | | | | | | | | | | | | 濃厚ソース | | | | | | 4 | | | | | △ | |
| 料理酒 | | | | | | 1 | 小麦 | | | △ | 【豆腐のみそ汁】 | | | | | | | | | | | | | みりん | | | | | | 2 | 小麦 | | | △ | ケチャップ | | | | | | 12 | | | | | △ | |
| 砂糖 | | | | | | 1.8 | | | | | 豆腐(冷凍) | | | | | | 20 | 大豆 | | | | | | 濃口しょうゆ | | | | | | 6 | 大豆 | 小麦 | | △ | ウスターソース | | | | | | 1 | | | | | △ | |
| 粗塩 | | | | | | 0.5 | | | | | にんじん | | | | | | 7 | | | | | | | 【ごまじゃこサラダ】 | | | | | | | | | | | | 粗塩 | | | | | | 0.1 | | | | | |
| ごしように | | | | | | 0.02 | | | | | たまねぎ | | | | | | 15 | | | | | | | 干しちりめん | | | | | | 2 | | | | △ | ごしように | | | | | | 0.01 | | | | | | |
| 濃口しょうゆ | | | | | | 3.5 | 大豆 | 小麦 | | △ | 太もやし | | | | | | 10 | | | | | | | ごま油 | | | | | | 0.25 | ごま | | | | | チリパウダー | | | | | | 0.02 | | | | | |
| キムチの素 | | | | | | 4.5 | 大豆 | | | △ | はくさい | | | | | | 15 | | | | | | | キャベツ | | | | | | 25 | | | | | | 【花野菜のスープ】 | | | | | | | | | | | |
| 片栗粉 | | | | | | 1 | | | | | 青ねぎ | | | | | | 5 | | | | | | | 小松菜 | | | | | | 10 | | | | | | 鶏肉 | | | | | | 10 | 鶏肉 | | | | |
| 【揚げギョウザ】 | | | | | | | | | | | 削りぶし | | | | | | 2 | さば | | | | | | にんじん | | | | | | 5 | | | | | | にんじん | | | | | | 7 | | | | | |
| ギョウザ(魚) | | | | | | 36 | 小麦 | 大豆 | | △ | 赤みそ | | | | | | 7.5 | 大豆 | | | | | | 白ごま | | | | | | 0.5 | ごま | | | | | たまねぎ | | | | | | 15 | | | | | |
| 米白絞油 | | | | | | 1.8 | | | | | 白みそ | | | | | | 5 | 大豆 | | | | | | 【ごまドレッシング】 | | | | | | 5 | 大豆 | ごま | | | | はくさい | | | | | | 10 | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ブロッコリー | | | | | | 10 | | | | | |
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| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | セロリ | | | | | | 0.3 | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ローリエ | | | | | | 0.01 | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 淡口しょうゆ | | | | | | 2 | 大豆 | 小麦 | | | △ |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 粗塩 | | | | | | 0.5 | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ごしように | | | | | | 0.01 | | | | | |
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| 2月17日(火) | | | | | | 2月18日(水) | | | | | | 2月19日(木) | | | | | | 2月20日(金) | | | | | | 2月24日(火) | | | | | | 2月25日(水) | | | | | |
|--------------------------------------|--|------|---------------|----|--|--|------------|--|------|---------------|----|--|------|-----------|--|------|---------------|---|--|------|------------|--|-----|--|----|----|------|---------------|--|---|---------------|----|---|------|--|
| 牛乳 鶏めし 高野豆腐の煮物 豚汁 りんごゼリー | | | | | | 牛乳 コッペパン メーブルシロップ ポテトのり塩焼き ミネストローネ | | | | | | 飲むヨーグルト パーカーパン たらフライ 中濃ソース 野菜の洋風煮 * 組1本 | | | | | | 牛乳 ごはん ごまふりかけ 飛鳥鍋 【除去食／乳】飛鳥鍋 ひじきの炒め煮 | | | | | | 牛乳 玄米ごはん ハヤシライスの具 フルーツミックスゼリー | | | | | | 牛乳 コッペパン いちごジャム 炒めビーフン タッコムタン | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 食品名 | | 分量 | アレルギー表示(28品目) | | | コンタミ | 食品名 | | 分量 | アレルギー表示(28品目) | | | コンタミ | 食品名 | | 分量 | アレルギー表示(28品目) | | | コンタミ | 食品名 | | 分量 | アレルギー表示(28品目) | | | コンタミ | 食品名 | | 分量 | アレルギー表示(28品目) | | | コンタミ | |
| 【牛乳】 | | 206 | 乳 | | | | 【牛乳】 | | 206 | 乳 | | | | 【飲むヨーグルト】 | | 193 | 乳 | | | | 【牛乳】 | | 206 | 乳 | | | | 【牛乳】 | | 206 | 乳 | | | | |
| 【鶏めし】 | | | | | | | 【コッペパン】 | | 55 | 小麦 | | | △ | 【パーカーパン】 | | 55 | 小麦 | | | △ | 【ごはん】 | | | | | | | 【玄米ごはん】 | | | | | | △ | |
| 米 | | 70 | | | | | 【メーブルシロップ】 | | 12 | | | | | 【たらフライ】 | | | | | | | 米 | | 75 | | | | | 米 | | 60 | | | | △ | |
| ごぼう | | 5 | | | | | 【ポテトのり塩焼き】 | | | | | | | たらフライ | | 60 | 小麦 | | | △ | 【ごまふりかけ】 | | 2 | 大豆 | ごま | 小麦 | △ | 発芽玄米 | | 15 | | | | | |
| 鶏肉 | | 15 | 鶏肉 | | | | じゃがいも | | 60 | | | | | 米白絞油 | | 9 | | | | | 【飛鳥鍋】 | | | | | | | 【ハヤシライスの具】 | | | | | | | |
| 濃口しょうゆ | | 6 | 大豆 | 小麦 | | △ | 米サラダ油 | | 1 | | | | | 【中濃ソース】 | | 5 | | | | | 鶏肉 | | 10 | 鶏肉 | | | | 牛肉 | | 20 | 牛肉 | | | | |
| 砂糖 | | 1 | | | | | 粗塩 | | 0.4 | | | | | 【野菜の洋風煮】 | | | | | | | 豆腐(冷凍) | | 15 | 大豆 | | | | にんにく | | 0.4 | | | | | |
| みりん | | 1 | 小麦 | | | △ | こしょう | | 0.01 | | | | | 鶏肉 | | 10 | 鶏肉 | | | | 油揚げ(冷凍) | | 5 | 大豆 | | | | 米サラダ油 | | 0.5 | | | | | |
| 料理酒 | | 0.5 | 小麦 | | | △ | 青のり | | 0.1 | | | | △ | にんじん | | 15 | | | | | にんじん | | 5 | | | | | 赤ワイン | | 2 | | | | | |
| 【高野豆腐の煮物】 | | | | | | | 【ミネストローネ】 | | | | | | | たまねぎ | | 30 | | | | | 大根 | | 25 | | | | | たまねぎ | | 50 | | | | | |
| 高野豆腐 | | 8 | 大豆 | | | | ベーコン | | 10 | 豚肉 | | | △ | じゃがいも | | 40 | | | | | はくさい | | 30 | | | | | にんじん | | 10 | | | | | |
| にんじん | | 5 | | | | | オリーブオイル | | 0.3 | | | | | はくさい | | 40 | | | | | 小松菜 | | 10 | | | | | じゃがいも | | 30 | | | | | |
| 三度豆 | | 3 | | | | | にんじん | | 10 | | | | | パセリ | | 0.5 | | | | | 白ねぎ | | 10 | | | | | トマト水煮 | | 10 | | | | | |
| 削りぶし | | 1.2 | さば | | | | たまねぎ | | 20 | | | | | 鶏がら(冷凍) | | 10 | 鶏肉 | | | △ | えのきたけ | | 5 | | | | | マッシュルーム水煮 | | 10 | | | △ | | |
| 砂糖 | | 2.4 | | | | | キャベツ | | 25 | | | | | セロリ | | 0.3 | | | | | 濃縮チキンブイヨン | | 12 | 鶏肉 | | | △ | 濃厚ソース | | 15 | 鶏肉 | | △ | | |
| 淡口しょうゆ | | 2.4 | 大豆 | 小麦 | | △ | トマト水煮 | | 25 | | | | | ローリエ | | 0.01 | | | | | 牛乳 | | 20 | 乳 | | | | 乳・小麦なしブラウンルウ | | 9 | | | | | |
| 粗塩 | | 0.06 | | | | | 米粉マカロニ(星型) | | 7 | | | | △ | 淡口しょうゆ | | 1.5 | 大豆 | 小麦 | | △ | 赤みそ | | 4.5 | 大豆 | | | | 濃厚ソース | | 1.8 | | | △ | | |
| 【豚汁】 | | | | | | | 鶏がら(冷凍) | | 10 | 鶏肉 | | | △ | 粗塩 | | 0.5 | | | | | 白みそ | | 2 | 大豆 | | | | ケチャップ | | 10 | | | △ | | |
| 豚肉 | | 10 | 豚肉 | | | | セロリ | | 0.3 | | | | | こしょう | | 0.01 | | | | | 濃口しょうゆ | | 0.8 | 大豆 | 小麦 | | △ | トマトピューレ | | 10 | | | △ | | |
| にんじん | | 7 | | | | | ローリエ | | 0.01 | | | | | | | | | | | | 粗塩 | | 0.1 | | | | | 砂糖 | | 1 | | | | | |
| 大根 | | 15 | | | | | 淡口しょうゆ | | 2 | 大豆 | 小麦 | | △ | | | | | | | | 【ひじきの炒め煮】 | | | | | | | 濃口しょうゆ | | 1.8 | 大豆 | 小麦 | △ | | |
| たまねぎ | | 15 | | | | | 粗塩 | | 0.4 | | | | | | | | | | | | 平天 | | 10 | | | | △ | こしょう | | 0.01 | | | | | |
| 太もやし | | 10 | | | | | こしょう | | 0.01 | | | | | | | | | | | | ひじき(乾燥) | | 3 | | | | | 【フルーツミックスゼリー】 | | | | | | | |
| つきこんにゃく | | 10 | | | | | | | | | | | | | | | | | | | 米サラダ油 | | 0.5 | | | | | 黄桃(缶) | | 20 | もも | | | | |
| 青ねぎ | | 5 | | | | | | | | | | | | | | | | | | | ホールコーン(冷凍) | | 7 | | | | | カットゼリー(みかん) | | 60 | | | | | |
| 煮干し | | 2 | | | | △ | | | | | | | | | | | | | | | にんじん | | 3 | | | | | | | | | | | | |
| 赤みそ | | 10 | 大豆 | | | | | | | | | | | | | | | | | | 削りぶし | | 0.5 | さば | | | | | | | | | | | |
| 【りんごゼリー】 | | | | | | | | | | | | | | | | | | | | | 砂糖 | | 2.5 | | | | | | | | | | | | |
| りんごゼリー鉄強化 | | 22 | りんご | | | △ | | | | | | | | | | | | | | | みりん | | 2 | 小麦 | | | △ | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | 濃口しょうゆ | | 3.5 | 大豆 | 小麦 | | △ | | | | | | | | |
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